

Central Penn Parent's

A blue stethoscope graphic is positioned to the left of the title. The tubing of the stethoscope loops around the word 'HEROES' and ends in a circular chest piece that overlaps the year '2010'.

# Healthcare HEROES

2010

A NOMINATION GUIDE FOR

## Honoring health care providers who are heroes to our families.

Haven't we all encountered people in the health care field who do their jobs well, every day with a smile, and go out of their way to make a difference to our family's care?

- A first-responder who put his or her life in danger for the safety and well-being of your family.
- A physical therapist who became part of the family as he or she coached a family member through a difficult time.
- An organization your family can turn to for health care, education and support.
- A nurse who is knowledgeable, incredibly compassionate, understanding and inspiring to others.
- A physician who works countless hours to ensure his or her patients receive the best care possible.

...and the list continues.

You have the opportunity to publicly recognize and thank a health care professional who has touched your life in a special, memorable way. Central Penn Parent's third annual Healthcare Heroes awards program recognizes excellence, promotes innovation and honors the efforts of individuals and organizations making significant positive impacts on the quality of health care in Central Pennsylvania. Take a few moments to thank a hero in your life.

## Nominations will be accepted until Friday, November 20, 2009.

Finalists will be selected by an independent panel of judges and recognized at a breakfast celebration on Tuesday, March 23, 2010, at Whitaker Center for Science and the Arts in downtown Harrisburg. The winner of each category will be announced at the breakfast. Also, every finalist and winner will be featured in a supplement to the May 2010 issue of Central Penn Parent magazine.

A program of:

CENTRAL PENN  
**Parent**

## Categories of Honor

### Nurse of the Year

An individual from nursing who displays exemplary performance in his/her field and whose services benefit families in our local communities.

### Physician of the Year

A physician who displays exemplary performance in his/her field and whose services benefit families in our local communities.

### Volunteer of the Year

An individual who contributes time or expertise to patients or health care issues and whose volunteer efforts have significantly impacted families in our local communities.

### Allied Healthcare Hero

A non-physician professional practicing in allied health or emergency services who displays exemplary performance in his/her field and whose services benefit families in our local communities.

### Education Hero

An organization invested in any facet of health education and making a significant difference to families in our local communities.

### Pet Care Hero

An individual from the veterinary field who demonstrates exceptional performance and compassion to both his/her "patients" and pet owners in our local communities.

### Senior Care Hero

An individual or organization committed to advancing the health and wellness of senior citizens in our local communities.

## Eligibility

- Nominations are limited to individuals and organizations in the following Central Pennsylvania counties: Adams, Dauphin, Cumberland, Perry, Lancaster, York and Lebanon.
- Individuals and organizations may be self-nominated or nominated by another person.
- Individuals and organizations may be nominated in several categories, but can only be selected as a finalist in one category, per year. Separate nomination materials must be submitted for each nomination. The judges reserve the right to move an entry to a different category at their discretion.
- Nominees cannot be a member of the judges' panel or member of the judges' immediate families.
- Individuals must be currently practicing or volunteering in the category for which they are being nominated. *This requirement is waived for the Lifetime Achievement Award.*

### Workplace Wellness Hero

An organization that makes health and wellness a top priority for employees and their families by actively promoting or maintaining a healthy work environment, ergonomics program or other health-related activities or benefits.

### Children's Health Advocate Individual

An individual committed to advancing the health and wellness of children in our local communities.

### Children's Health Advocate Organization

An organization invested in advancing the health and wellness of children in our local communities.

### Special Needs Advocate

An individual or organization invested in special needs care for adults and/or children and making a significant difference to families in our local communities.

### Future of Healthcare Award

A young adult under the age of 22 who demonstrates a dedication to health care, professional behavior and service to our local communities.


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### Lifetime Achievement Award

Presented to one individual for his/her lifetime career of advancing the health care of our region through heroic acts, mentoring, compassion, honor and integrity. Recommendations are welcome; however, this is not a category in which you may submit a nomination. The individual will be selected solely by the independent panel of judges.

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**Healthcare**  
**HEROES**  
2010



## Nomination Instructions

Please fill out the requested contact information below and return the form with your supporting paragraphs and other materials to Heather Long by **5:00 p.m. on Friday, November 20, 2009.**

### Nominator

Name (First, MI, Last) \_\_\_\_\_  
Title \_\_\_\_\_ Company \_\_\_\_\_  
Street address \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Email address \_\_\_\_\_  
Relationship to nominee \_\_\_\_\_

### I am nominating an:

Organization

Org Name \_\_\_\_\_

Industry \_\_\_\_\_

CEO Name \_\_\_\_\_

Street address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Contact Name \_\_\_\_\_

Title \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Individual

Name \_\_\_\_\_

Title (if applicable) \_\_\_\_\_

Organization \_\_\_\_\_

Street address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

### In the category of (only select ONE):

*If you wish to nominate an individual or organization for more than one category, you must submit separate nomination forms for each category.*

Nurse of the Year

Education Hero

Children's Health Advocate

Physician of the Year

Pet Care Hero

Children's Health Organization

Volunteer of the Year

Senior Care Hero

Special Needs Advocate

Allied Healthcare Hero

Workplace Wellness Hero

Future of Healthcare Award

You may make a suggestion for the *Lifetime Achievement Hero* award below.

*Supporting materials for this award will not be accepted.*

Full name and most recent employer: \_\_\_\_\_

**Now, tell us why your health care provider is a hero.** Please write a few paragraphs explaining the accomplishments of the nominee in relation to the category you have selected. Supporting documentation may be provided up to 4 pages and may include: testimonials, résumés and biographies.

Submit nomination materials to Heather Long via:

**Mail: Central Penn Parent, 1500 Paxton Street, Harrisburg, PA 17104**

**Fax: 717-236-6803**

**E-mail: HeatherL@journalpub.com**

**Call Heather with your questions at 717-236-4300.**

Healthcare Heroes is a program of Central Penn Parent magazine and supported by the following organizations:

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